



Tri-Institutional PhD Program Chemical Biology

TPCB Student Retreat

September 26-27, 2023
Woodloch Resort, Hawley, PA

Tuesday, September 26, 2023

| TIME | Event | Location |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| 8:00-8:15 AM | Bus Boarding (refer to bus assignment) | 1300 York Avenue |
| 8:15 AM | Bus Departure | Please be on time! |
| 11:00 AM | Welcome 3-minute thesis talks Coffee/Snacks | Terrace Room, Clubhouse |
| 12:00 PM | Lunch | Grille Room, Clubhouse |
| 1:00 PM-2:00 PM | Keynote talk: Mr. Jesse H. Ausubel, Director, Program for the Human Environment, The Rockefeller University | Terrace Room, Clubhouse |
| 2:00 PM-3:00 PM | 3-minute thesis talks | Terrace Room, Clubhouse |
| 3:00 PM | Coffee/Snacks | Terrace Room, Clubhouse |
| 3:00 PM-6:30 PM | Teambuilding Activities 3:30 pm, TPCB Guided Hike 5:30 pm, Escape Room 5:30 pm, Paint and Sip 5:30 pm, Boat Build | Hike @ The Lodge at Woodloch Escape Rm @ Main Resort (shuttle provided) Paint @ Club Conference Room Boat @ Terrace Room |
| 5:00 PM | Shuttle from Clubhouse to Guest Homes (for those not participating in teambuilding activities) | |
| 6:30 PM | Shuttle from Clubhouse to Guest Homes (after teambuilding activities end) | |
| 7:15 PM | Shuttle from Guest Homes to Dinner | |
| 7:30 PM | Dinner | Vista/Terrace Dining Room |
| 8:30 PM | Shuttle from Clubhouse to Guest Homes (for those who want to leave right after dinner) | |
| 8:30 PM | Karaoke & Open Bar | Terrace Room, Clubhouse |
| 11:30 PM | Shuttle from Clubhouse to Guest Homes | |

Wednesday, September 27, 2023

| TIME | Event | Location |
|-----------------|---------------------------------------------------------------------------------------------------------------|--------------|
| 8:00 AM | Check Out (leave luggage at foyer) Shuttle from Guest Homes to Breakfast | |
| 8:30 AM | Breakfast | Grille Room |
| 9:30 - 11:45 AM | 3-minute thesis talks | Terrace Room |
| 10:30 AM | Coffee Break | Terrace Room |
| 12:00 PM | Lunch | Grille Room |
| 1:30 PM-2:45 PM | TPCB Alumni Panel (<i>virtual</i>) Dr. Vidhya Rangaraju Dr. Christopher Stratton | Terrace Room |
| 2:45 PM-3:00 PM | Group Photo | TBD |
| 3:15 PM | Water/Snack Break | Terrace Room |
| 3:30 PM | Bus Boarding Time (board same bus # as previously assigned) | |
| 3:45 PM | Bus Departure | |

Important Notes & Reminders (TPCB):

- THE GROUP**
The TPCB Student Retreat is held jointly with the Tri-I CBM program – total number of expected guests at the retreat is about 120 people.
- BUS BOARDING – please be on time!**
Our primary mode of transportation is by bus (we reserved 3 to take us to Woodloch). To help facilitate a smooth bus boarding experience, retreat participants are pre-assigned to a bus (either Bus #1, Bus #2 or Bus #3). *Please see separate handout of bus assignments. Note that assignments were grouped by house number so roommates are riding the bus together.* At the time of boarding, participants will receive a **luggage tag**. Please attach it to your bag so the resort can bring it directly to your room.
- CHECK IN**
Students staying in guest homes will not have access to their room (and luggage) until around 5 pm. We suggest you bring a backpack with you to carry personal items etc.
- CHECK OUT**
Please check out before breakfast on W, 9/27. Leave your luggage in the foyer of the house and the resort will bring it to the Clubhouse.
- GETTING AROUND WOODLOCH RESORT – see map**
Getting around the resort requires shuttle service. Note that guests cannot take the shuttle at their leisure and must adhere to the pick-up times on the schedule. All meals, meetings & activities will take place in the same building – **the Clubhouse**. All the houses are located on Pines Meadow Way (the 500's). The only activity that takes places on the main resort property is the Escape room – a shuttle will be provided for this activity.

- **ACTIVITIES**

If you signed up for a private teambuilding activity, please refer to the sign-up form below as confirmation of your participation.

[Guided Hike](#), 3:30 pm-5 pm (TPCB)

[Guided Hike](#), 4:30 pm-6 pm (CBM)

[Escape Room](#), 5 pm-6 pm

[Paint and Sip](#), 5:30 pm-6:30 pm

[Boat Building](#), 5:30 pm-6:30 pm

Don't forget to download the **Woodloch Resort** app to check the other free activities available to all guests.

- **PACKING LIST (suggestions)**

Backpack for essential items before you can access luggage

If hiking, pack appropriate gear and shoes

Swim gear – bathing suits, flip flops/slippers (Woodloch has indoor/outdoor pools)

Sweater or light jacket (it gets chilly there at night)

Extra change of clothes if participating in water-based activities like kayaking

*No need to pack soap, shampoo etc. or towels as the resort provides this

Contact Info:

- Jared Ramsey, 203-240-6766
- Nikolai Tornow, 781-526-1048
- Nora Zhou, 781-325-3310


WOODLOCH
SPRINGS

