Mental Health, Wellness, and Student Support Resources

TPCB and the Weill Cornell and Rockefeller graduate schools recognize that students may face mental health issues at any time during their training. These can arise from a variety of factors that may or may not be directly related to their graduate studies. To support our students, we provide extensive mental health and wellness support services.

TPCB students who desire support are encouraged to contact the Program Director or Program Administrator, who will coordinate support and connect them with the appropriate professional staff. Students may also directly contact the graduate school deans or professional staff listed below if they prefer. These staff can also provide referrals to external medical professionals.

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Derek S. Tan, PhD</td>
<td>TPCB Program Director</td>
<td><a href="mailto:tand@mskcc.org">tand@mskcc.org</a> 646-888-2234 (o) 646-228-1777 (m) Provides academic oversight for all TPCB students and coordinates support services with the graduate schools</td>
</tr>
<tr>
<td>Margie Hinonangan-Mendoza, MA</td>
<td>TPCB Program Administrator</td>
<td><a href="mailto:mah2036@med.cornell.edu">mah2036@med.cornell.edu</a> 212-746-5267 (o) Secondary contact for all TPCB students desiring support services</td>
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<tr>
<td>Randi B. Silver, PhD</td>
<td>Associate Dean, Academic Affairs</td>
<td><a href="mailto:rbsilve@med.cornell.edu">rbsilve@med.cornell.edu</a> 212-746-5006 (o) Provides academic oversight for TPCB students in WCM and MSK labs and can also coordinate support services</td>
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<tr>
<td>Emily Harms, PhD</td>
<td>Senior Associate Dean</td>
<td><a href="mailto:emily.harms@rockefeller.edu">emily.harms@rockefeller.edu</a> 212-327-8090 (o) Provides academic oversight for TPCB students in RU labs and can also coordinate support services</td>
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<tr>
<td>Judith Cukor, PhD</td>
<td>Assistant Dean, Student Affairs</td>
<td><a href="mailto:juc2010@med.cornell.edu">juc2010@med.cornell.edu</a> 212-821-0627 (o) (email preferred) Works confidentially with TPCB students at WCM and MSK to assess needs and provide appropriate referrals or ongoing support; Dr. Cukor is also an Associate Professor of Clinical Psychology, WCM</td>
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<tr>
<td>Patricia Marino, PhD</td>
<td>Director, Student Mental Health Program</td>
<td><a href="mailto:pam2029@med.cornell.edu">pam2029@med.cornell.edu</a> 914-997-8691 (o) Provides confidential evaluation and management of all psychiatric conditions for TPCB students at WCM and MSK; Dr. Marino is also an Associate Professor of Clinical Psychiatry, WCM.</td>
</tr>
<tr>
<td>Jessica Spellun, MD</td>
<td>Onsite Psychiatrist, Rockefeller University</td>
<td><a href="mailto:jes9244@med.cornell.edu">jes9244@med.cornell.edu</a> 212-327-7257 (mental health line) Works confidentially with TPCB students at RU to assess needs and provide appropriate referrals or ongoing support; Dr. Spellun is also an Assistant Professor of Clinical Psychiatry, WCM.</td>
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<tr>
<td>Chanchal Sharma, PsyD</td>
<td>Assistant Attending Psychologist</td>
<td><a href="mailto:sharmac1@mskcc.org">sharmac1@mskcc.org</a> 646-888-4128 (o) Works confidentially with TPCB students at MSK to assess their needs and provide acute care and appropriate referrals, in coordination with Dr. Cukor</td>
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</table>
Michele Barahman, PhD
Onsite Psychologist
Magellan Employee Assistance Prog., MSK
barahmanm@magellanhealth.com
917-794-8442 (o) (website preferred)

Works confidentially with TPCB students at MSK to assess their needs and provide ongoing counseling (up to 6 free visits per event): https://go.oncehub.com/MichelleBarahmanVideo

For life-threatening emergencies, call 911 or the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255)

For information on Student Support Services at the Weill Cornell Graduate School for TPCB students at WCM and MSK, see:
https://gradschool.weill.cornell.edu/student-experience/accessing-student-support-services

This webpage provides a key hub to access a variety of support services, including:

- For non-emergency support, email: studentmentalhealth@med.cornell.edu
- Immediate medical support from Weill Cornell Student Health Services (646-962-6942)
- Assessments, referrals, support for personal & professional issues with Dr. Judith Cukor
- Counseling for non-medical issues with non-MD therapists
- Psychiatric services coordinated by Dr. Patricia Marino
- Faith-based counseling services
- Wellness programs through Well at Weill
- Disability support services coordinated by Dr. Judith Cukor
- Dispute assistance and polices with Dr. Henry Murray, Student Ombudsperson
- Student mistreatment reporting and review with the Trainer-Learner Committee (TLC)
- Sexual misconduct and campus security with Brittney Blakeney, JD and Mona Jha, JD, Title IX Coordinators
- Crisis intervention and support from NYP Weill Cornell Victim Intervention Program
- Academic support from TPCB Program Director and Dr. Randi Silver, Associate Dean

For information on Student Support Services at the Rockefeller University for TPCB students at RU, see:
https://www.rockefeller.edu/education-and-training/graduate-program-in-bioscience/resources-current-students/

This webpage provides a key hub to access a variety of support services, including:

- Immediate medical support from Occupational Health Services (212-327-8414)
- Counseling and psychiatric services coordinated by Dr. Jessica Spellun
- Title IX incidents and complaints to Virginia Huffman, Title IX Coordinator
- Bystander intervention strategies
- Academic support from TPCB Program Director and Dr. Emily Harms, Sr. Assoc. Dean

For information on additional Student Support Services for TPCB students at MSK, see:
https://www.sloankettering.edu/gerstner/student-life/community/counseling-resources

This webpage provides a key hub to access a variety of support services, including:

- Short-term counseling with Michelle Barahman, PhD and Chanchal Sharma, PsyD
- Faith-based counseling
- Social workers
- Professional & mentoring resources via MSK Office of Scientific Education and Training
- MSK Compliance Hotline (866-568-5421)