

Mental Health, Wellness, and Student Support Resources

TPCB and the Weill Cornell and Rockefeller graduate schools recognize that students may face mental health issues at any time during their training. These can arise from a variety of factors that may or may not be directly related to their graduate studies. To support our students, we provide extensive mental health and wellness support services.

TPCB students who desire support are encouraged to contact the Program Director or Program Administrator, who will coordinate support and connect them with the appropriate professional staff. Students may also directly contact the graduate school deans or professional staff listed below if they prefer. These staff can also provide referrals to external medical professionals.

| Derek S. Tan, PhD TPCB Program Director tand@mskcc.org 646-888-2234 (o) 646-228-1777 (m) | Provides academic oversight for all TPCB students and coordinates support services with the graduate schools |
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| Margie Hinonangan-Mendoza, MA TPCB Program Administrator mah2036@med.cornell.edu 212-746-5267 (o) | Secondary contact for all TPCB students desiring support services |
| Randi B. Silver, PhD Associate Dean, Academic Affairs Weill Cornell Graduate School rbsilve@med.cornell.edu 212-746-5006 (o) | Provides academic oversight for TPCB students in WCM and MSK labs and can also coordinate support services |
| Emily Harms, PhD Senior Associate Dean David Rockefeller Graduate School emily.harms@rockefeller.edu 212-327-8090 (o) | Provides academic oversight for TPCB students in RU labs and can also coordinate support services |
| Judith Cukor, PhD Assistant Dean, Student Affairs Weill Cornell Graduate School juc2010@med.cornell.edu 212-821-0627 (o) (email preferred) | Works confidentially with TPCB students at WCM and MSK to assess needs and provide appropriate referrals or ongoing support; Dr. Cukor is also an Associate Professor of Clinical Psychology, WCM |
| Patricia Marino, PhD Director, Student Mental Health Program Weill Cornell Medicine pam2029@med.cornell.edu 914-997-8691 (o) | Provides confidential evaluation and management of all psychiatric conditions for TPCB students at WCM and MSK; Dr. Marino is also an Associate Professor of Clinical Psychiatry, WCM. |
| Jessica Spellun, MD Onsite Psychiatrist, Rockefeller University jes9244@med.cornell.edu 212-327-7257 (mental health line) | Works confidentially with TPCB students at RU to assess needs and provide appropriate referrals or ongoing support; Dr. Spellun is also an Assistant Professor of Clinical Psychiatry, WCM. |
| Chanchal Sharma, PsyD Assistant Attending Psychologist Employee Health & Wellness Services, MSK sharmac1@mskcc.org 646-888-4128 (o) | Works confidentially with TPCB students at MSK to assess their needs and provide <u>acute</u> care and appropriate referrals, in coordination with Dr. Cukor |

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Michele Barahman, PhD Onsite Psychologist Magellan Employee Assistance Prog., MSK barahmanm@magellanhealth.com 917-794-8442 (o) (website preferred)

Works confidentially with TPCB students at MSK to assess their needs and provide <u>ongoing</u> counseling (up to 6 free visits per event): https://go.oncehub.com/MichelleBarahmanVideo

For life-threatening emergencies, call 911 or the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255)

For information on Student Support Services at the Weill Cornell Graduate School for TPCB students at WCM and MSK, see:

https://gradschool.weill.cornell.edu/student-experience/accessing-student-support-services

This webpage provides a key hub to access a variety of support services, including:

- For non-emergency support, email: studentmentalhealth@med.cornell.edu
- Immediate medical support from Weill Cornell Student Health Services (646-962-6942)
- Assessments, referrals, support for personal & professional issues with Dr. Judith Cukor
- Counseling for non-medical issues with non-MD therapists
- Psychiatric services coordinated by Dr. Patricia Marino
- Faith-based counseling services
- Wellness programs through Well at Weill
- Disability support services coordinated by Dr. Judith Cukor
- Dispute assistance and polices with Dr. Henry Murray, Student Ombudsperson
- Student mistreatment reporting and review with the Trainer-Learner Committee (TLC)
- Sexual misconduct and campus security with Brittney Blakeney, JD and Mona Jha, JD,
 Title IX Coordinators
- Crisis intervention and support from NYP Weill Cornell Victim Intervention Program
- Academic support from TPCB Program Director and Dr. Randi Silver, Associate Dean

For information on Student Support Services at the Rockefeller University for TPCB students at RU, see:

https://www.rockefeller.edu/education-and-training/graduate-program-in-bioscience/resources-current-students/

This webpage provides a key hub to access a variety of support services, including:

- Immediate medical support from Occupational Health Services (212-327-8414)
- Counseling and psychiatric services coordinated by Dr. Jessica Spellun
- Title IX incidents and complaints to Virginia Huffman, Title IX Coordinator
- Bystander intervention strategies
- Academic support from TPCB Program Director and Dr. Emily Harms, Sr. Assoc. Dean

For information on additional Student Support Services for TPCB students at MSK, see:

https://www.sloankettering.edu/gerstner/student-life/community/counseling-resources

This webpage provides a key hub to access a variety of support services, including:

- Short-term counseling with Michelle Barahman, PhD and Chanchal Sharma, PsyD
- Faith-based counseling
- Social workers
- Professional & mentoring resources via MSK Office of Scientific Education and Training
- MSK Compliance Hotline (866-568-5421)