










## Mental Health & Wellness Resources

TPCB and the Weill Cornell and David Rockefeller graduate schools recognize that students may face mental health issues at any time during their training. These can arise from a variety of factors that may or may not be directly related to their graduate studies. To support our students, TPCB provides extensive mental health and wellness services through the graduate schools.

TPCB students who desire support are encouraged to contact the Program Director or Program Coordinator, who will coordinate support and connect them with the appropriate professional staff. Students may also directly contact the graduate school deans or professional staff listed below if they prefer. These staff can also provide referrals to external medical professionals.

	<b>Derek S. Tan, PhD</b> TPCB Program Director <a href="mailto:tand@mskcc.org">tand@mskcc.org</a> 646-888-2234 (o) 646-228-1777 (m)	Provides academic oversight for all TPCB students and coordinates support services with the graduate schools
	<b>Margie Hinonangan-Mendoza, MA</b> TPCB Program Coordinator <a href="mailto:mah2036@med.cornell.edu">mah2036@med.cornell.edu</a> 212-746-5267 (o)	Secondary contact for all TPCB students desiring support services
	<b>Randi B. Silver, PhD</b> Associate Dean, Academic Affairs Weill Cornell Graduate School <a href="mailto:rbsilve@med.cornell.edu">rbsilve@med.cornell.edu</a> 212-746-5006 (o)	Provides academic oversight for TPCB students in <b>WCM</b> and <b>MSK</b> labs and can also coordinate support services
	<b>Emily Harms, PhD</b> Senior Associate Dean David Rockefeller Graduate School <a href="mailto:emily.harms@rockefeller.edu">emily.harms@rockefeller.edu</a> 212-327-8090 (o)	Provides academic oversight for TPCB students in <b>RU</b> labs and can also coordinate support services
	<b>Judith Cukor, PhD</b> Assistant Dean, Student Affairs Weill Cornell Graduate School <a href="mailto:juc2010@med.cornell.edu">juc2010@med.cornell.edu</a> 212-821-0627 (o) (email preferred)	Works confidentially with TPCB students at <b>WCM</b> and <b>MSK</b> to assess needs and provide appropriate referrals or ongoing support; Dr. Cukor is also an Associate Professor in Clinical Psychology, WCM
	<b>Nisha Mehta-Naik, MD</b> Onsite Psychiatrist Rockefeller University <a href="mailto:nim9063@med.cornell.edu">nim9063@med.cornell.edu</a> 212-327-8414 (o)	Works confidentially with TPCB students at <b>RU</b> to assess needs and provide appropriate referrals or ongoing support; Dr. Mehta-Naik is also an Assistant Professor in Clinical Psychiatry, WCM.
	<b>Michele Barahman, PhD</b> Onsite Psychologist Magellan Employee Assistance Prog., MSK <a href="mailto:barahmanm@magellanhealth.com">barahmanm@magellanhealth.com</a> 917-794-8442 (o) (website preferred)	Works confidentially with TPCB students at <b>MSK</b> to assess their needs and provide ongoing counseling (up to 6 free visits per year): <a href="https://go.oncehub.com/MichelleBarahmanVideo">https://go.oncehub.com/MichelleBarahmanVideo</a>
	<b>Chanchal Sharma, PsyD</b> Assistant Attending Psychologist Employee Health & Wellness Services, MSK <a href="mailto:sharmac1@mskcc.org">sharmac1@mskcc.org</a> 646-888-4128 (o)	Works confidentially with TPCB students at <b>MSK</b> to assess their needs and provide acute care and appropriate referrals, in coordination with Dr. Cukor

	<p><b>Patricia Marino, PhD</b>          Director, Student Mental Health Program          Weill Cornell Medicine  <a href="mailto:pam2029@med.cornell.edu">pam2029@med.cornell.edu</a>          914-997-8691 (o)</p>	<p>Provides confidential evaluation and management of all psychiatric conditions for TPCB students at <b>WCM</b> and <b>MSK</b></p>
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**For information on Student Support Services at the Weill Cornell Graduate School for TPCB students at **WCM** and **MSK**, see:**

<https://gradschool.weill.cornell.edu/student-experience/accessing-student-support-services>

This webpage provides a key hub to access a variety of support services, including:

- Assessments, referrals, support for personal & professional issues with Dr. Judith Cukor
- Counseling for non-medical issues with non-MD therapists
- Psychiatric services coordinated by Dr. Patricia Marino
- Faith-based counseling services
- Immediate medical support from Weill Cornell Student Health Services
- Academic support from Program Director and Dr. Randi Silver
- Disability support services with Dr. Dana Zappetti, Associate Dean, Student Affairs
- Wellness programs through Well at Weill
- Dispute assistance and polices with Dr. Henry Murray, Student Ombudsperson
- Sexual misconduct and campus security with Dr. JoAnn Difede, Title IX Coordinator
- Crisis intervention and support from NYP Weill Cornell Victim Intervention Program

**For information on student diversity, inclusion, and outreach programs at the Weill Cornell Graduate School for TPCB students at **WCM** and **MSK**, see:**

<https://diversity.weill.cornell.edu/student-diversity>

The Weill Cornell Office of Student Diversity is led by Dr. Marcus Lambert, Assistant Dean, Diversity and Student Life, and supports a variety of communities including:

- LGBTQ+
- Women in Medicine & Science
- Tri-Institutional Minority Society
- Weill Cornell IMSD (Initiative for Maximizing Student Development) Program

**For information on Student Support Services as well as diversity, inclusion, and outreach programs at the Rockefeller University for TPCB students at **RU**, see:**

<https://www.rockefeller.edu/education-and-training/graduate-program-in-bioscience/resources-current-students/>

This webpage provides a key hub to access a variety of support services, including:

- Academic support from Program Director and Dr. Emily Harms
- Immediate medical support from Occupational Health Services
- Counseling and psychiatric services coordinated by Dr. Nisha Mehta-Naik
- Title IX incidents or complaints with Virginia Huffman, Title IX Coordinator
- Bystander intervention strategies
- Student diversity and inclusion programs, including:
  - WISeR: Women in Science at Rockefeller
  - PRISM: People at Rockefeller Identifying as Sexual Minorities
  - RISI: Rockefeller Inclusive Science Initiative